



RISHI GALAV PUBLIC SCHOOL

Summer Vacation Homework 2020-21

Class- VII

Mathematics

Assignment:-

- Make a file on Covid- 19 (Total no. Death, affected, peoples recorded)

Working model:-

- Wheel Foldable
- Time wall Clock

Social Science

- Make a working model on any topic given below: Volcano, Waterfall, Interior of the Earth, Rock Cycle,
- Complete notebook and revise complete syllabus covered during online class.
- Make a project on: i. Environment ii. Understanding advertising

Drawing/Craft

- Portrait (any great leader)/ Best out of waste (Any topic).

English

- Revise Value points and learn answers of chapters.
- Make a PPT (Topic – Noun and it's kinds)
- Write biography of any two writers from your literature book and learn.
- Write 20 words their meaning related to covid-19.
- Make a chart on kind of sentences.

Hindi

- पाठ्य पुस्तक – बसंत भाग 2
- व्याकरण पुस्तक – व्याकरण वाटिका
- सहायक पुस्तक – महाभारत कथा
निम्नलिखित गृह कार्य करना अनिवार्य है।
 - अपनी पुस्तक बसंत भाग के पाठ 1,2,3 को पढ़कर कठिन शब्द चुनकर लिखिए। प्रत्येक पाठ से चित्र भी बनाएँ।
 - महाभारत सीरियल देखकर प्रतिदिन चार प्रश्न बनाकर उनके उत्तर लिखिए।
 - इंटरनेट की सहायता से पाठों के प्रश्नोंत्तर अभ्यास कार्य कीजिए।
 - पाठ 1 'हम पक्षी उन्मुक्त गगन के' कविता लिखकर भावार्थ लिखिए।

G.K./M.V.

- Write any 50 questions of current affairs 2019-20 and learn it.
- Talk to your elders and ask them to tell you about their experiences of life. Now enlist the valuable points or extracts of your conversation.

Science

- Write an essay on importance of forest. Discuss about the total forest cover of India. Highlight the forest cover in Madhya Pradesh. Give a list of all the forest in INDIA with the location and mention why it is famous for. Eg: GIR Forest (Gujarat)- famous of Asiatic Lions.
- Draw the diagram of a Pond Ecosystem in a chart paper.
- Draw the diagram of Water Cycle on a chart paper.

Physical Education

1. Do practice these yoga asana at home:-

- | | | |
|-----------------|-------------------|------------------|
| i. Padahastasan | ii. Trikonasan | iii. Sarvangasan |
| iv. Matsayasan | v. Halasana | vi. Bhutangasana |
| vii. Dhanurasan | viii. Salabhasana | ix. Naukasana |
| x. Ustrasana | xi. Shashankasana | xii. Vrikshasana |
| xiii. Tadasana | xiv. Brakshasana | |
- Anulom vilom pranayam - For 5 to 10 min
 - Kapal bharti pranayam - For 5 to 15 min
 - Sitli pranayam - Form 5 min
 - Stretching exercise for neck, hand, back (trunk), leg for 2 to 5 min.
 - Do practice of march past (discipline)
 - Attention
 - Stand at ease
 - About turn
 - Right turn
 - Left turn

Emotional well-being activities

- List five instances with your parents where you felt excited.
- Write about the recent incident where you felt nervous.
- Name one person to whom you are always grateful and why?
- Do you remember any moment where you were feeling helpless?

Taekwondo

- What are the benefits of taekwondo?
- What is the history of taekwondo?

Dear Parent,

School is missing its students. I hope you are utilising Lockdown period constructively for development of your child. School has conducted the online classes for the entire month of April. Almost 2-3 chapters of all subjects are finished. School is sending summer vacation homework to keep the students learning in the best possible manner. You are requested to help the student in completing the homework. In case of any query, **contact +91 9109329218 [WhatsApp Message / SMS only]**. See you after vacations.

Teachers & Principal